



personality of Helen Keller through psychological approach. Then, the last one, the study would like to discuss the influence of Helen Keller's anxiety to herself.

### **A. Helen Keller's Personality**

As what has been explained in previous chapter it can be concluded that personality is a thing that distinguish human from one other, because it is built within human body. Usually, personality will differentiate the pattern of human behavior including the thoughts and emotion. Furthermore, it will affect the way human behaves and their adaptation in the situation of her or his daily life. Therefore, in this part the study will explain about the character's personality which influences the way she behaves to the people around her. Actually, the character that highlight in this study is the author of the novel itself, Helen Keller. Here, personality of Helen Keller will discuss through three structures of personality such as id, ego, and superego.

Helen Keller is the major character of the novel. The novel tells that she is the oldest daughter from the second wife of her father. Actually, the illness she suffered at 19 months after her birth left her blind and deaf, this condition forced her to remain physically dependent on her mother. However, it seems the care giving that Helen received from her mother in particular influences for the development of Helen's personality. So that, as the result, Helen's social world and norms was very limited.

Actually, because of her dependence to her mother it is causing Helen being unresponsive with other except her mother. She has quick temper and willful. The world to her is what her mind is. Helen Keller is little bit anxiety, sensitiveness, and nervous, but curious and optimistic person. Besides she is also the active person. One thing that impresses everybody is Helen's tireless activity. She never quiet even a moment. She is here, there, and everywhere.

As what stated above, Helen is curious person, her desire to know something is very strong, she is always curious with everything around her. Actually, Helen is dominated by her aggressive drives which known as id's instinct. Her desires want to know the name of the things around her is very strong. As what Boeree stated that the id sometimes compares with a demanding infant. For example hungry infant, screaming itself. It does not know what it screaming about. It just knows it wants it and wants it now, which unable to understand by the adult sense. The infant in Freudian view is pure or nearly pure id, and the id is nothing if not the physic representative of biology (19). It means that, if Helen's id unfulfilled at the moment it will leading her ego to do bad things as like tempers. As will discuss in the next paragraph

Even in the days before my teacher came I used to feel along the square stiff boxwood hedges, and guided by sense of smell, would find the first violet and lilies (Keller 5).

The meaning from quotation above that, the id's instinct drives Helen into a curious person. She wants to find anything that she wants by

her own way, without thinking, the thing that she does may be create bad effect for her ego.

Furthermore, Helen thinks that she need to communicate with other, then she begins to make crude signs. For example, when she wants to eat bread then she will imitate the acts of cutting slices and buttering. At the same time, Helen does not realize that she is different from other people. The other do not use signs as she does when they want anything done, but talking with their mouth. It makes Helen curious, her desire want to know how to communicate arouse greatly at the moment. As quotation below

Sometimes, I stood between two persons who were conversing and touched their lips. I could not gesticulated frantically without result. This made me so angry at times that I kicked and screamed until I was exhausted (10).

The mean by quotation above, it is Helen's id's instinct is dominates herself and affecting her ego to do the bad things at the moment. That she screams, kicking, everything around her, because the things that she wants unfulfilled her desire at the moment. Her desire that she want to communicate, even she does not know how to do it but she wants to communicate even the things that she do influences her ego to do bad things that is screams, biting, the things around her.

Meanwhile the desire to express herself grew greatly. The few signs languages that she uses do not enough to help her to communicate in her daily activity with the people around. Then her spirit to know the

things grew strongly. Even in the moment she often failed to do it.

Sometimes, she falls in tears about her physical condition, but her desire to know how to communicate never disappears. As quotation below

Meanwhile the desire to express myself grew. The few signs I used became less and less adequate, and my failures to make myself understood were invariably followed by outburst of passion. I felt as if invisible hands were holding me, and I made frantic efforts to free myself. I struggled not that struggling helped matters, but the spirit of resistance was strong within me; I generally broke down in tears and physical exhaustion (17).

Then the day where her teacher comes, she cannot patient wait for the new light to guide her from the bitterness to the sweetness life. She compares herself as like the ship without compass. As quotation below

Have you ever been at sea in a dense fog, when it seemed as if a tangible white darkness shut you in, and the great ship, tense and anxious, groped her way toward the shore with plummet and sounding-line, and you waited with beating heart for something to happen? I was like that ship before my teacher education began, only I was without compass or sounding-line, and had no way of knowing how near the harbor was. "Light! give me light!" was the wordless cry of my soul, and the light of love shone on me in that very hour (22).

Then in the day after Miss Sullivan comes. Miss Sullivan led Helen to her room and gives Helen the doll. When Helen play with it little while, Miss Sullivan spell the word "d-o-l-l" slowly into Helen's hand. At the moment it makes Helen interests by the playing fingers on her hand, then she try to imitate it. When she successes in making the letters correctly she is flush into childish pleasure. Actually, Helen does not realize that she spells the word, and she does not know the word that she spells was exist. She just imitates how to spell it, but does not know the meaning of the



“you cannot touch the clouds, you know ; but you feel the rain and know how glad the flowers and the thirsty earth are to have it after a hot day. You cannot touch love either; but you feel the sweetness that it pours into everything. Without love you would not be happy or want to play.” (30-31)

From quotation above it can conclude that Helen is curious person, her desire to know about the new thing very strong. In this part, her ego succeeded to balance between her id's and her superego's instinct. That, Helen desiring thing, but reach it by the right way, she try to reach what she wants by learning and listen carefully to her teacher explanation, as like the other people do in the social world.

Furthermore, as what have been explained in the previous paragraph, Helen, because her dependence to her mother then it influences the development of Helen's personality. Everyone in Helen's family especially her father let Helen to do everything upon her will so that, it is affect to the way Helen behaves. It is before Helen knows about the norms in social world. At the time, Miss Sullivan and Helen's family are in table manner. Miss Sullivan is very surprises by the way Helen behaves at the time. Helen as like the person who has no ethics, she take everything that she want from the other plate then eats the foods by her fingers. The things that surprises miss Sullivan more are Helen's family especially her parent let Helen to do that bad things, they did not care with Helen as long as Helen feeling happy. So, at the time, Miss Sullivan did not let Helen to take everything she wants. It is makes Helen tempers immediately scream, she kick everything around her.

Naturally the family was much disturbed, and left the room. I locked the dining- room door, and proceeded to eat my breakfast, though the food almost choked me. Helen was lying on the floor, kicking and screaming and trying to pull my chair from under me. She kept this up for half an hour, then she got up and see what I was doing. I let her see that I was eating, but did not let her put her hand in the plate. She pinched me and I slapped her every time she did it (307).

Helen's tempers also arouse greatly when she does not find her parents and her brother around the table manner but only her and her teacher there. It makes Helen frightening and anxious at the time. She tries to do what she wants but it is forbidden by Miss Sullivan. Then, at the time she screams, kick, the things around her over and over again. At that morning, Miss Sullivan and little Helen have a great battle before Helen understands what norms are and how to interact and behave with the people around her.

Then she went all round the table to see who was there, and finding no one but me, she seems bewildered (307).

After few minutes Helen came back to her chair and eats her breakfast with her fingers again. At the time Miss Sullivan try to gives her spoon but she threw it again and again on the floor. Miss Sullivan forced Helen out from her chair and takes the spoon which she threw. The results Miss Sullivan successes make Helen takes the spoon and continue her breakfast by the good manners.

Finally, I succeeded in getting her back in her chair again, and held the spoon in her hand, compelling her to take up the food with it and put it in her mouth (307).



Helen, after she finishes her breakfast, she threw the napkin on the floor, and immediately run to the door which she finds locked. It makes her panic, then she begins scream and kicked again the things around.

From the discussion above, it is describes how does Helen's personality effects the way she behaves to the people around her. She does not understand what the norms means, she just do everything that she wants even though that was bad things. As what that has been explained above that Helen, if the thing that she wants does not fulfilled her desires, then her temper arouses she will scream and bit into everything around her.

Besides that, the development of Helen's personality also influences by everybody in her house. Even her father, her mother, the servants, and the little Nigerian who she plays with everyday, nobody against what Helen will, except her brother James, until Miss Sullivan came to teach her. Helen's family always let her to do everything she will even though that was bad things as long as Helen happy, especially her father who cannot bear to see her cry. However, if this circumstance let to be continuous, it is will creates the bad things for Helen's personality and it will effects the way she behaves with the people around. However, As Helen grow then the tempest also will grow stronger and become more violent for her. Then her teacher Miss Sullivan, try to teach her the norms and love. Because Miss Sullivan thinks that, it is useless to teach Helen Language if Helen does not know how to interact kindly with other.

Therefore, with many difficulties Miss Sullivan try to teach Helen to differentiate the good and bad things. As what Miss Sullivan stated in quotation bellow

I have thought about it a great deal, and the more I think, the more certain I am that obedience is the gateway through which knowledge, yes, and love, too, enter the mind of the child (309).

Moreover, the family makes difficult for Helen to interact with her teacher. Therefore, Miss Sullivan intends to separate Helen from her family. In order Helen does not depend herself only on her family then she have to know how to interact with the other except her family.

I told her (*Helen's mother*) that in my opinion the child ought to be separated from family for a few weeks at least that she must learn to depend on and obey me before I could make any headway (309).

Then, in the next day, Helen and Miss Sullivan move to the little house but not far from Helen's house. Helen does not allowing to stay near her family because it will makes Helen unable to be herself. Actually, at that time Helen does not know where she is, but when she aware that she is does not near her family it is makes her tempers arouses. She kicks and screams again and again. She refuses her teacher to touch her. In the evening when the bed time she jump from her bed when she feel that her teacher get into her bed. For several hours she does not wants to back to her bed again, but her teacher Miss Sullivan try to take her back even she refuses.

She devoted herself to her dolls the first evening, and when it was bedtime she undressed very quietly; but when she felt me get into

bed with her, she jumped out on the other side, and nothing that I could do would induce her to get in again (310).

One day in the morning, Helen was little bit submissive with her teacher, but the fact she is homesick. Some time she kept going to the door, as like she expects someone will come to see her. Every movement she touch her cheek which mean she wants her mother and she shake her head sadly. At that day, Helen plays with her dolls more than usual. She seen she caress with her dolls, she dresses and undresses the dolls many times during the day she handle them as like she has seen her mother and the nurse handle her baby sister. She took Nancy her favorite doll, she put it on her lap, then put in on her back and turn over on her knees, she patting her softly all the time. But it is last for several minutes, her mood pass, and then she throw Nancy on the floor strongly, she push it to the other side.

This last for several minutes; then this mood passed, and Nancy was thrown ruthlessly on the floor and pushed to one side, while a large, pink-cheeked, fuzzy-haired member of the family received the little mother's undivided attention (310).

The discussion above, describes that, how Helen's personality does influences herself. She unable to handle herself when the tempers arouses. It is also describing us how is the personality take place greatly in human mind. It will take the important role in human mind. So that, why the personality known as like the driver of the way human behaves with the people around.

Moreover, Helen, even though, with all limitations of her condition she is able to learn very fast, but that happens when she is in the good mood. Every day she learns new words. For example when her teacher gives her the objects, and orders her to spell the name of the objects that she has learned she will spell the words as fast as possible without hesitating, but at the times, when the lesson is over she seems very happy.

She has learned three new words, and when I give her the objects, the names of which she has learned, she spells them unhesitatingly; but she seems glad when the lesson is over (311).

Day by day, Helen changes from the wild child to the gentle child. She does not make trouble again when she learns with her teacher. She seems like she obeys her teacher. Then Ms. Sullivan is very glad to show the progression of her little student.

My heart is singing for joy this morning. A miracle has happened! The light of understanding has shone upon my little pupil's mind, and behold, all things are changed! The wild little creature of two weeks ago has been transformed into a gentle child (311).

Helen Keller with her curious personality, then she learns everything that has been learned by the normal people. She learns how to sew, she learns how to fold the clothes and put it in the cupboard. One day, she learns two things that are "mug" and "milk" both of the words make Helen very confused, she is unable to differentiate which is the "mug" and which is "milk." For example when she spells the word "mug" she will point to the "milk" and when she spells the word "milk" she will point to the "mug." These words make her trouble more than the other words.

Then, at the time, the little Negro comes in when Helen learning the words, the little Negro also comes to learn the words in order he can talk to Helen every time. When Helen realize that there is the other person that takes her teacher attention, she please herself and she seems very jealousy at the moment then she try to take back her teacher attention again by pull her teacher's hand and clap on her hand, which means that she wants her teacher to spell the words on her own hand. As quotation below

Yesterday I had the little Negro boy come in when Helen was having her lesson, and learn the letters, too. This pleased her very much and stimulated her ambition to excel Percy. She delighted if he made a mistake, and made him form the letter over several times (312).

In another day, Helen is delighting her teacher by her attainment. She learns many new words. Besides, Helen also has a great spirit in learning. Sometimes she learns the idiom, and also she understands when her teacher put the words into the sentences. It is shows that the education of little Helen is grows absorbing and interesting every day. As what Miss Sullivan sated in quotation bellow

Helen is a wonderful child, so spontaneous and eager to learn. She knows about 300 words now and a great many idioms and it is not three months yet since she learned her first word (322).

Every day, Helen and her teacher Miss Sullivan have reading lesson. Usually, they like to take one of their favorite places that are up in big tree near the house and spend an hour or more to find the words which Helen already knows. Sometimes, they will make a game with the new

words. Then they call it as a contest, they try to see who can find the words most quickly.

The most fun things in this case is, Helen will find the words with her fingers, and then Miss Sullivan her teacher will find the words with her eyes. Then she learns many words as long as her teacher can explain with the help of the words that has been known by Helen. Sometimes, when she find that she able to spell the words correctly, she will very glad. As quotation below

When her fingers light upon words she knows, she fairly screams with pleasure and hugs and kisses me for joy, especially if she thinks she has me beaten (322).

Therefore, by the discussion above we can say that, how many words that Helen will learn when she is in the good manner. Then the personality of Helen was really take the great role in the Helen's mind so that influence the way she face the situation around her.

Moreover, the things that makes her teacher was very afraid about is, Helen's old habits. Helen is strongest and hardest to correct, is a tendency to break a things around. For example if she finds anything in her way, she dashes it on the floor, no matter what it is, even though it was a glass, a pitcher, or a lamp. The other example, that she has many dolls but every one of them has been broken when she is in tempers. Day by day, Miss Sullivan her teacher success to teach her what is norms and how to interact with other and differentiate the good and the bad things.

One day in the morning, all of people in the house were feel trouble with Helen condition. She is very nervous and excitable. She is very afraid at the night and she has no desire to eat anything. The people in the house were very panic, do not know what to do with Helen condition at the time. Then her parent try to call a doctor, then the doctor says that, Helen's mind is too active. But how can the people around to keep her from thinking. Even though, she is unwell condition, she forces herself to talk with her teacher by her fingers. If her teacher refuses to talk with her, she spells the words on her own hand.

At that time, Miss Sullivan gives Helen her Braille slate, thinks that can makes Helen laugh and rest her mind, but it is inverses. Miss Sullivan surprised with what Helen has been doing "she writing the letter." At the time, Miss Sullivan surprise very much, she thinks that, how can the little Helen know what the letter is.

I gave her my Braille slate to play with, thinking that the mechanical pricking of holes in the paper would amuse her and rest her mind. But what was my astonishment when I found that the little witch was writing letters! I had no idea she knew what a letter was (324).

In the night, when Miss Sullivan going to bed, she find that Helen felt asleep with the big book in her arms which she clasps tightly. It is shows that Helen is felt asleep while reading. In the morning, when Miss Sullivan ask her about the book she answer spontaneously.

When I asked her about it in the morning, she said, "book cry," and completed her meaning by shaking and other signs of fear. I taught

her the word afraid, and she said: "Helen is not *afraid*. Book is afraid. Book will sleep with girl." I told her that the book wasn't afraid, and must sleep in its case, and that "girl" mustn't read in bed (324).

This part describing Helen's personality as the optimist person, she is sure with herself that she able to do anything like the normal people around her. For example as like reading, sewing, knitting, dress up, counting, and there is a lot of things that she try to learn to do it as well as possible. One day, her teacher Miss Sullivan teach her how to count, she learn it very fast. The result when she succeeded in counting, she counts everything in her house. It is makes her teacher apprehensive about her mind which too active. As the quotation below

She has a perfect mania for counting. She has counted everything in the house, and is now busy counting the words in her primer. I hope it will not occur to her to count the hairs of her head (326).

As what have been stated in the previous paragraph that everyone in her house was fears about Helen's health because of her brain which is too active. Every movements of her body always try to learn anything around, try to satisfying her desire with the knowledge. Helen is the curious person, she always appetite looking for everything that she wants.

Her every waking moment is spent in the endeavor to satisfy her innate desire for knowledge, and her mind works so incessantly that we have feared for her health (327).

Actually, with all the limitation of her physic, she has many unique things in her mind. Besides, she is active, sensitiveness, anxiety, curious person, optimist, bad tempered, but she is also has a good memory in remembering things that she has found. For example, when she meets



some people at some places, then she will recognize that people wherever she meet again in another place. Whereas, she is just feels those people using her fingers. Furthermore, her optimistic personality brink her to have a friends everywhere, she can do everything that the normal people do. She learns every single thing in the society which is impossible by the person who has physical lack like her. She knows how to sew, how to fold the clothes, she know how to knit, reading many books, going to every great places, and there are a lot of things that she able reach with all her limitation of her physical condition.

From discussion above it can conclude that, Helen's ego successes balance between her id's instinct and her superego instinct. It is can be seen from the explanation above. When Helen's ego step by step succeeded controlling her id by letting herself learn about the social world and norms, letting her superego to decide something true or false in order to act based on the moral norm in her society.

Moreover, after her ego succeeded balance between her id's instinct and her superego instinct. Then she able interacts with other people around her. For example, even though she has physical limitation, she able takes a degree in the college. She competes with the people who have ability see and hear, but in other side, Helen is often dominate by her anxious feeling, she often doubt about her own ability. Therefore, in the next part the study will discuss about the influences of Helen's anxiety to herself and how it affects to the way Helen's behaves.

## **B. Helen Keller's Anxiety**

Helen dependence to her mother continues influences herself. As what have been explained in the previous explanation that Helen's dependence to her mother influence the development of her personality. As the result, Helen often feels afraid, fear, sensitive, and anxious when she is far from her mother. Actually, the causes of Helen anxious it is not only about her dependences to her mother but it is also causes by her physical condition. Actually, the person who has physical limitation like Helen, of course it is easy influences her psychological condition by the anxiety feeling and the nervous feeling. Actually, Helen seems to be more nervous then she really is, because she has physical limitation, she express more with her hands than do most English speaking people. Meanwhile, when Helen enters Cambridge school and competes with the people who have ability to see and hear, it is arouse her nervous feeling very much. One day, Helen wrote the little story and send it to her professor, thinks that it will gives the comfort for him. The result, it is disappointing Helen. She accuses plagiarist. By the case, it is causes Helen anxiety arouses greatly at the time. Helen afraid that to be judge by people around. For long time she lives in doubt, anxious, and fear. She afraid that all of her friends will keep away from her because of about she does. So that for several times she lost her interest in the books when she though those dreadful days. Therefore, in this part the study will conduct the discussion through Helen Keller's reality anxiety, and neurotic anxiety.



Helen throws in to investigation to the court. In fact, she does not know, the story has been read to her, but when she puts in writing the story. It brings her into the deep depression at the time. The investigation continues for next day. Then to make herself more comfortable she try to lay and does not think about the incident again, because she thinks she will die before being investigates the next day.

“As I lay in my bed that night, I wept as I hope few children have wept. I felt so cold, I imagined I should die before morning” (56).

Many kinds of thoughts remain in her mind. From that incident, the feeling of dread, fear, and anxious dominate Helen's mind. Helen afraid that to be judge by people around her. She thinks all of her friends will keep away from her. The one that she really regrets is lose her dearest old friends Mr. Anagnos.

So this sad experience may have done me good and set me thinking on some of the problems of composition. My only regret is that it resulted in the loss of one of my dearest friends, Mr. Anagnos (71).

After that case, she never plays with the words again. She lost interest in write. Since she thinks about the thing she writes not from her own idea. Dread, fear, and anxious feeling influences Helen personality greatly then affecting the way she behaves. Hence, even she writes the letter for her mother she suddenly feeling of terror. She will spell the sentences over and over to make sure that she does not read them from the book. Helen very afraid because she unable distinguishes the idea from her own thought and the idea that comes from the book she read.

I am afraid I have not yet completed this process. I am certain that I cannot always distinguish my own thoughts from those I read, because what I read become the very substance and texture of my mind (70).

Helen often times dominated by anxious feeling about everything she does. One of the examples is when she put her idea into the paper. She thinks the idea which she writes might not be absolutely her own.

No one knew of these fears except my teacher. A strange sensitiveness prevented me from referring to the "*Frost King*," and often when an idea flashed out in the course of conversation I would spell softly to her, "I am not sure it is mine" (73).

From quotation above it can be said that the *Frost King* incident which experienced by Helen at that time really influences her. That incident prevents Helen to do the thing that she commonly does in the past as like reading and writing. In other side, from that incident also causes Helen often doubt and anxious. For example, when she has an idea in her mind she always doubts about herself she has no braveness to put it in to the paper. At the same time, it makes Helen always ask her teacher again and again convincing herself that she does not take the idea from the book that she ever read. She always said to her teacher "I am not sure it is mine", but the teacher always told her not to worry about that incident. As the result, time by time the excessive of anxious feeling of Helen decrease. Then when her feeling is stable she tries to put her idea upon the text again and again even though the anxious feeling often dominates her to do the things that she wants. However, when she think that her desire to change her condition to be better in the future. Then she against her feeling not

gives up to trying and trying. For example, when she writes something even for her mother she always doubt and anxious about it but she try to prevent that feeling by convincing herself about her desire to reach her goal for the future. In the end, from the limitation of her physic and the weakness she has, she able get up from that incident and try to reach her goal.

Actually, the feeling of afraid, dread, fear, and anxious was the natural feeling in the human mind when she or he does something wrong in their society around. Thus, when an adult unable to solve her or his environmental condition, then it is will put them into helplessness, and it will create the alarm of the anxiety.

The last one is the neurotic anxiety. It is known as the nervous system in human mind. Then in this part the study try to discuss Helen inner emotional conflict through her nervous feeling which known as the neurotic anxiety.

## 2. Helen Keller's Neurotic Anxiety

The neurotic anxiety (nervous) of Helen appears when she learns how to speak with Miss Fuller. It is makes her happy but in other side makes her very nervous. Usually, she always uses the signs language which is gesticulating only by her hands. Then now she forces herself to makes a voice by her own mouth which she never knows for many years. She does not know how to utter the words with her mouth because she deaf.



of every footstep of her life after her mother. When she thinks that, she will apart from her, then the nervous feelings arouse greatly in her mind.

As quotation below

My teacher is so near to me that I scarily think of myself apart from her (39).

Then from the discussion above, we can conclude that, Helen impulse is overwhelm by her nervous feeling (neurotic anxiety). So, it is, influence the way she behaves to the other people around her. Moreover, the neurotic anxiety of Helen often exhibit through free-floating type. It is happen when she pleases herself by all limitation of her physic. Sometime, this condition flung her into the bitter and then falls with tears if she thinks she is very different from the other people around her.

Sometimes, it is true, a sense of isolation enfolds me like a cold mist as I sit alone and wait at life's shut gate. Beyond there is light, and music, and sweet companionship; but I may not enter (130).

The free-floating also appear when she thinks how she could compete with the people who have ability to see and hear. It is come when she is entering the Cambridge School for young Ladies, to be preparing for Radcliffe College. At the time, Helen is impelling into the competition for a degree with the seeing and hearing girls. Sometime, it is makes her very nervous, thinks how different herself from other people around her, thinks how could she control herself when interact with other. She thinks that something bad might be happen to her although it is actually only her fear of her id which controlling her ego.



A potent force within me, stronger than the persuasion of my friends, stronger even than the pleadings of my heart, had impelled me to try my strength by the standards of those who see and hear. I knew that there were obstacles in the way; but I was eager to overcome them (96).

Once again the free floating was dominates Helen condition. When she begins enter to the school, many difficulties come close to her. With every physical limitation she tries to learning hardly all of the subjects in the school. This condition forces her into difficultness when she unable mastering the subjects.

I still found more difficulty in mastering problems in mathematics than I did in any other of my studies (93).

It is makes her neurotic anxiety through free floating arouses greatly. Then, Helen thinks that, the feeling of fear, dread, and nervous, will try to dominate her forever.

Moreover, Helen thinks that the situations in the class are going to trap her and make her helpless. Then at the time she need her teacher Miss Sullivan to stay on her side. Because there is no one helps her to understand what she has written on her paper. It is makes her disappointment then the nervous, panic and fear feelings increase in her mind. As the quotation below

I wish to say here that I have not had this advantage since in any of my examinations. At Radcliffe no one reads the papers to me after they are written, and I have no opportunity to correct errors unless I finish before the time is up. In that case I correct only such mistakes as I can recall in the few minutes allowed, and make notes of these corrections at the end of my paper (88).

Actually, Helen condition of physical lacks is easy to make the anxious feelings come. She feels hopeless to face her days with manual alphabet without voice to speak. Hence, she tries to make voice from her throat as well as her lips. She also usually touches some objects which can produce voice, like her mother's lips when she speaks.

I used to make noises, keeping one hand on my throat while the other hand felt the movements of my lips. I was pleased with anything that made a noise and liked to feel the cat purr and the dog bark (58).

I could not be despondent while I anticipated the delight of talking to my mother and reading her responses from her lips (61).

However, Helen is a person with her physical lacks who wants to realize her childhood ambition to take degrees at a college. In her hard efforts in realizing her dream, her anxious feelings often appear.

From discussion above, it can concludes, Helen, because she realize her weakness, that she is often influences by her anxious and nervous feeling, then she try to prevent it by her desire to reach everything she wants. Actually, vary obstacles has block her step because of her physical limitation. Nevertheless, her weakness cannot decrease her spirit forward to reach the goal of her dream for the better life in the future.

These conditions indirectly influence her personality facing every competition with the people around her in the real world. The impulsive and powerful of Helen's id takes over her ego and overrule her superego. Then, from vary competition in the real world even she compete with the people around who has ability to see and hear, but she never give up to try

and try. Her desire to reach everything she wants grew greatly. In the end Helen successes reach her goal, she is the person who has physical lack but has great desire to reach her dream. As the result, with all of her physical limitation she has, Helen able to reach her goal, she is becomes the first scholar in the world.

