CHAPTER III

ANALYSIS

This chapter presents about the analysis of Alex Parker as the main character in the novel *Lightning* written by Danielle Steel using psychoanalysis theory and new criticism theory. In order to answer the statement of problems. The first part discusses about the character of Alex Parker characterization. The second part talks about how Alex Parker, the main character, fulfill her self-actualization in Danielle Steel’s *Lightning*.

3.1 Alex Parker’s personality

The author tells the story of Alex Parker’s in *Lightning* using first person point of view which Alex Parker her self appears as the narrator who narrates all the events and experiences she has. She is the one who tells to the readers about what she does, speaks and thinks and also limits the reader’s perspective to what she sees. So, Alex Parker automatically becomes the main character because she is an important figure and appears on the whole story.

3.1.1 Clever

Clever is known as being smart or having skill to do something well (Kadt 471). This characteristic is drawn in Alex Parker’s character. Parker is a lawyer with a high intelligence. She knows how to figure out the weakness point of her opponent. Her thoroughness in dealing with the cases are already admitted by the other lawyers. The proof that Alex Parker is a clever woman can be seen in the quotation below;

“Brock liked to pick her brain, admired her style, her sharp eye for the opponent’s fatal weakness “(9).
The quotation above shows that the main character, Alex Parker, is a smart lawyer "merciless and brilliant once she found it." She has a very clever brain to find out the opponent’s mistake quickly "he liked to pick her brain". Parker’s cleverness is also can be seen in this sentence;

“Alexandra Parker was a litigation attorney too, and she handled and interesting assortment of difficult case. She had fine mind and great skill as an attorney” (10).

Different with the other lawyers who are not into a difficult case because it is too complicated for them, Parker prefers to have a difficult case because he likes challenge, even though it will spend a lot of time and energy. Alex Parker is known as a lawyer who knows the procedure well. But she close not to use dirty way to seek a victory for her case.

“she was had a fine mind and great skill as an attorney. Besides which, she was one of the best looking knew, and he liked just being around her. She was solid, she smart, she knew the law, and she had great intuition. (24)"

From the above quotation above, it can be seen that her partner is admire Parker’s cleverness, just like she was created by God as a perfect creature who stand in the middle of people and ready to help them.

3.1.2. Responsible

Alex Parker is also described as someone who is responsible not only to the employment but also to her family. She knows how to manage time well. Alex Parker’s responsibility can be seen through the evidence below;

“she was the firm’s first choice when the fight was going to be hard and dirty and you needed an attorney who knew case law and was willing to spend a million hours doing meticulous research “ (10).
The quotation above shows that Alex Parker is gave everything that she got, like doing a very detail research, in order to make the case that she handled got succes and does not make her client disappointed. Moreover, she does not really care for how much time she spent on her job.

“she got up slowly, and went to wake Annabelle, who sometimes woke before they did, but this time she hadn’t. She stretched sleepily when Alex kissed her awake, and Alex slipped into bed with her, and they giggled and talked until Annabelle was willing to get up. And then Alex took her hair, and her teeth, and then they went back to Anabelle’s bedroom to pick up something for her to wear to nursery school” (14).

In the quotation above is shown that Alex Parker is a housewife who is responsible. She is still doing her job as a mom. It is seen through the way she takes care of her daughter. Even though Alex Parker is a busy lawyer, she still can manage her time between her family and her job. From her speech, Alex is known as a type of woman who is responsible with what she had already promise or in other words, she is not a kind of person who likes to broke a promise. It is proved in the citation below;

“I’m going into trial in two days. I can’t until after the trial over. It was though she hoped it would go away by then, but they both new it wouldn’t.

‘ you can do that ‘difference ? She was horrifield ‘,(76)

The citation above shows that Alex Paker is a responsible woman who is not easy to broke a promise just for her personal things. Because she want have promise with Brock.

“ I don’t have time to go shopping for a doctor. I have responsibilities. She sounded hysterical even to her own ears, but she couldn’t help it. And than she looked up at him in genuine terror. Do you think its malignant ? “(77).
In the quotation above, it can be seen that Alex Parker is very responsible with her job. Since she has a private problem that suddenly comes to her, Parker chooses to resign from the trial rather than making her client disappointed with her work.

3.1.3. Loving

Alex Parker is described as a mother who is responsible and compassionate. It is shown when she can split her time even if she is very busy with her job. She is making sure that everything can be done and with no one getting disappointed.

“she admired the fact that Alex thought enough of her little girl to home to be with her as early as she could every night. I proved to Elizabeth that she was not just a good lawyer, but she was a good woman and good mother “.(39)

From the quotation above it can be seen that Alex Parker is not just a good lawyer but she is also a loving mother. Alex Parker does not want to disappoint her daughter. She is always trying to get home quickly in order to play with her daughter, Annabelle. This is done by Alex Parker because she does not want her daughter feels lack of affection from her. Alex Parker is always trying to split her time even she is very busy with her work.

“it was this kind of weather that made her want to walk uptown, except that she didn’t want to waste a minute getting home to her daughter. Instead she settled back in the cab, thinking about Annabelle and her mischievous little face with the freckles”. (40)

The quotation above shows that Alex Parker is loving her daughter very much. It is shown when she keeps thinking of her daughter who is beautiful and adorable. Even before she meets her daughter, her mind is always full of the image of her beloved daughter, Annabelle.
“I’ll go to F.A.O Schwarz on my lunch hour next week and see what I can find. Ok? And then she remembered the trial. She’d have to do it before Wednesday or wait till the trial was over. Or maybe Liz Hascomb could call them and see what they had in Annabelle’s size. Alex always had to be artful about using time to its best advantages.”(46)

The love of Alex Parker towards her daughter is also shown in the quotation above. Alex Parker loves her daughter so much. When she is busy with her job, she is still trying to take her time to buy Annabelle a costume for halloween party.

3.1.4. Hard-working

From her action, Alex Parker is a hard-working woman. She works hard for the sake of the success of her career. She tries her best just to make what she want can be achieved. It can be seen from the quotation below;

“she worked until one o’clock, and then she stretched and yawned, and put the files back in her briefcase. She was used to doing this she got a lot of her work done at night, when it didn’t interfere with anyone, and she could concentrate in the silent apartment.” (51)

She is a reliable and professional lawyer. She is also a hard-working woman. She does not care how much time she spend to make a good result. She is willing to take her breaktime to finish her job. "She worked until one clock " from this quotation, it shows that she works until one o’clock p.m, which means that it is already entering the time for sleeping. But Alex Parker is getting used to thing like this. She is feeling more comfortable working her job at night when her husband and child are already sleeping. It makes her more focus on her work and it does not interfere her time with her family. Hence, she will get a good result for her work.
“there was so much to think about, and to do, sometimes she almost thought it was a shame they had to waste time sleeping. She needed every hour she could get to do all that she had to do. She couldn’t afford to give up a moment.”(52)

The quotation above is simply described that for the sake of her work, she sacrifices her sleeping time to finish her work. This is all done just to get a great result and not making her client disappointed. Also it will increase her quality as a lawyer in public.

3.2. Alex Parker’s struggle to fulfil her needs based on hierarchy of needs.

In this chapter, the writer discusses about the possibility which affects Alex’s struggle. Related to the topic, the writer corellates Alex’s struggle with the hierarchy of human needs by Abraham Maslow. Maslow (107) classified the human being needs into a pyramid scheme which is known as Maslow’s hierarchy of human needs. Here is the explanation of Maslow’s pyramid that depicts the human needs.

According to the pyramid, there are five levels in the hierarchy of needs. The first level is psychological needs which include the need of food, air and water. The second level encompasses safety needs. The third level is love and belonging. The fourth level is self-esteem, and the fifth level is self-actualization.

Related to the theory above, here, the writer is correlating Alex’s struggle with the pyramid of human needs stated by Abraham Maslow (214).

3.2.1 Psychiological needs in Alex Parker’s life.
Physiological needs are the fundamental needs of human beings that need to be fulfilled, including the needs of food, sleep, sex and breathing, and drink. It means that humans, no matter how their condition are, have to fulfill their physiological needs. Once they are not fulfilling their physiological needs, their life will be incomplete or they will die. In Lightning, Alex as the main character is having an inadequacy in fulfilling her psychological needs. It happens when Alex is having a breast cancer, but her husband wants to have more children to make their family happier and harmonious. It can be seen in the quotation below;

“That has a lot of appeal, she said, kissing his neck. they both knew they could still two or three more days ahead of them until she’d ovulate. Making love the next day would be to close and might diminish their chances of getting pregnant”.( 50)

The quotation above shows that Alex and Sam are craving for more children in their family. They are willing not having sex because doctor said they have to wait until Alex’s ovulation.

“No big deal, I’m due for a pap smear, no biggie. And I wanted to discuss the serophene with him. It’s a little hard to preserve my sanity, and my career. And still take the doses he is recommending. I was wondering if I should take less, or more,or what, or give it a rest for a while. I don’t know I’ll let you know what he says. “Be sure to do that she was willing to go to such lengths to have his baby“. ( 55 )

From the quotation above, it can be seen that Alex is trying hard to grant her and her husband wish. She has done many things to get what she and her husband want by following the doctor’s suggestion such as drinking vitamins and having enough rest. But, since Alex is having a tumor in her body, the chance for
her to pregnant or have a baby again is small. The tumor can danger both Alex and her baby, if she is getting pregnant. It can be seen in the quotation below;

“There are several possibilities, but a mass of the size at this depth, in this particular area, is never a good thing, Alex we think you have a tumor”.(76)

“Let me talk to her and Annabelle .... ‘Her eyes suddenly filled with tears as she thought of her, that incredible little pixie face with big green eyes and the freckles and the red hair. What if Alex died? what Annabelle lost her mother? The thought of it choked her so badly she couldn’t speak for a moment and then she whispered the words. I’ love you Annabelle ..... “. (83 )

From the quotation above It is seen that Alex is having a tumor in her body. But the doctor still does not know yet what kind of tumor is that in Alex’s body. Since Alex knows that she had a tumor in her body, she is afraid of leaving people that she loved. She is not ready to die yet. She is not ready to leave her daughter. Her daughter, Anabelle, is still too young to be left alone and still needs a lot of affection from a mother.

“ What if I turn out to be pregnant in the next few weeks ?’ 
‘ Is that possible? He seemed surprised, and show felt faintly insulted. Did he think she was too old to have babies, just tumors? ‘I’ve be taking serophene and trying to get pregnant.’
‘then I would think you’d want to abort, if you were, and proceed wih treatment. You can’t afford to let something like this go for eight or nine months. Your husband and family need you Mrs. Parker, more than they need another baby.’ It was all so coldblooded and so simple, like the razor-sharp edge of a scalpel’. (94)

The quotation above indicates that there is no possibility for Alex to get pregnant again. Because if she gets pregnant, it will bother her cancer medication. Moreover, her cancer is needed to heal as soon as possible because if in a range of eight until nine months, the cancer is not healed yet, then it can kill Alex.

‘Mr Parker, more than your breast. It’s a question of priorities. And if you have a malignancy that deep in your breast, you may be a lot safer, and
better off, with out breast now. Later, it may be too late. It’s a conservative stance, but it’s one that has proven to be reliable over the years. (95)

The quotation above shows that one of Alex’s breast had to be removed. Because the doctor said that removing one of Alex’s breast will help stop the tumor. It also help the tumor not getting spread to the other part of her body and the cancer can be healed quickly.

‘Would I still be able to ..... ’ she could hardly bring herself to say it, but she knew she had to. She wanted to know, since he had been so free about suggesting an abortion if she were pregnant,’ .... would I be able to conceive afterwards?.’ (95)

‘At forty- two, most women were more interested in saving their own live than in having babies. It’s possible. There’s about a fifty percent sterility rate after chemotherapy. But it’s a risk we’d have to take, of course. It could do you grave harm not to have it.’ Grave harm? What did that mean? That it would kill her not have chemo? it was a nightmare’. (96)

The quotation above shows that if Alex is pregnant, then she had to let go her baby for abortion because it will interfere the treatment system. Most person who is already in her old age prefer to save her own life than her baby. Because if she chooses to keep the baby, then it will put Alex in a very dangerous condition. Due to the healing of Alex’s cancer, the doctor is strongly recommend to have a surgery and chemotherapy. It is good to slow down Alex’s death or making her life longer.

‘Dr. Herman explained very clearly as she stared at him that in the first trimester of pregnancy, mastectomies were always performed rather than lumpectomies, because of the inadvisability of doing radiation. Having a lumpectomy automatically meant the necessity for radiation but in the case of a mastectomy, if chemotherapy was advised, it would almost certainly cause a spontaneus abortion. It would do the same in the second trimester as well so if chemotherapy was necessary., it would more than likely kill her baby. It was only in the third trimester that they felt they could afford to wait, and treat the cancer after the baby was delivered’. (104)
The quotation above shows the final result from Dr. Anderson. Dr. Anderson said that Alex cannot get pregnant again, and if she is pregnant then the forced abortion will be performed on her. However, if Alex chooses to get pregnant again and delay her cancer medication, then doctor cannot guarantee her life.

In conclusion, from all of the quotations above the desire for Alex and her husband to get another child in their family is contrary to her breast cancer. Also, there will be a lot of impacts that happen to her when she had chemotherapy.

3.2.2. Safety Needs in Alex Parker’s life

Everyone is expecting for a safety living, that is why a normal person with a great wealth and life without any threats will use some life insurance from one or more insurance company to fulfill their needs. By joining a certain insurance to get the safety needs makes people feel safe in their life. In *Lightning*, Alex Parker desperately needs a support from her husband in order to deal with her illness.

‘It won’t be a malignancy,’ insisted doggedly. ‘Trust me’. He absolutely refused to hear what she was saying. He seemed to be shielding himself from the realities with optimism and good humor. His insistence that nothing would happen to her made her feel suddenly lonely, and although she desperately wanted to, she didn’t entirely believe him. All he had done was shake her faith in both Dr. Anderson and Dr. Herman. So much so than on the second day of the trial, she used a brief recess to call one of the other doctor Anderson had recommended.’(98)

From the quotation above, it is seen that Sam Parker, Alex’s husband, could not receive the illness which is suffered by Alex. Alex is very lonely and sad because no one can listen to her complaint and gives her support in facing her
problem in life, and it seems like Alex is living alone, without family. Sam even does not care with Alex’s disease.

‘She cleaned up alone afterwards, but by the time she was through the little she had come back to haunt her. She wound up on on her bathroom floor again, retching horribly, and this time there was no Brock Stevens with a pillow and an ice pack. (253)

‘will you stop it? you’re driving me crazy. What is this? do you want sympathy, or what? She had never seen him quite so frantic. It was as though she had touched nerve, and she wondered suddenly if his anxiety had anything to do with his own memories about his mother. But whatever his reason for avoiding her, he was making Alex even more nervous.’ (108)

The quotation above shows that Alex Parker is getting mad at her husband, who does not care with Alex’s disease. Alex, who is desperately needs support to get through her tough time against her disease, feels sad. Alex will feel happy and calm, even with one or two words spoken from Sam, and it will also influence the development of Alex’s healing. But Sam is ignoring her and making her disappointed.

‘Sam? ..... ‘ she said softly, waiting to wake him, to talk him, to be near him, even to make love to him, but he was a million miles away now, and oblivious to her problem.’

He didn’t hear anything. He was far away, in his own world. Too much so to his wife, or to accept what was happening to her. he was just too afraid to deal whit it, and she knew that. But she had never felt as lonely in her life. In this own way he had deserted her completely.’ (110).

The quotation above shows that Sam Parker is ignorant with her wife’s problem. Sam is supposed to accompany and support her wife in any circumstances. But Sam behaves as a stranger, just like a neighbor who lived a thousand miles away from Alex.
3.2.3. The belongingness and love needs in Alex Parker’s life.

Love and belonging become one of the human beings important needs. In some cases, the need of love can change people. In the novel, *Lightning*, Alex Parker wants to get love and affection just like the other wife in the world. She wants to get loved in her healthy or sick, and in her wealth or sorrow condition. But Alex does not get what she wanted. Her husband, Sam Parker prefers to choose another beautiful and energetic woman. Because of the disease that she had, Alex is not the same as she was before. Her hair that used to be nice and beautiful now begin to fall due to the effects of chemotherapy. Her body is not as strong as it used to be. Also her energy is started to fade away due to the disease that she had. Moreover, there is a part of her body that is missing. The part of her body that is very important and tempting for men. She lost one of her breast. This is why Sam Parker walks off of Alex’s life and fades his love to Alex. Sam Parker thinks that Alex is a disaster. There are a lot of women out there who still interested in Sam because he had a good looking face.

‘who would she be, if she lost the breast today? would she be some else? Would she be so hideously deformed that Sam would no longer want her? she had wanted to talk about it with him, to hear him say that he didn’t care if she had one breast or two. She needed hear the words, but he hadn’t been able to face even the idea of it, he had told her all week that nothing was wrong with her (101)

In the quotation above, Alex wants to hear her husband compliment. She wants to hear that having only one breast is not a big problem as long as his wife is healthy. But Sam Parker still thinks that Alex is in a good condition. He does
not know that she has to struggle alone fighting her disease that spread in her body.

‘I think you’re being a sanofabitch, Sam Parker. I don’t give a damn if you are having trouble coping with this, so am I. And it’s happening to me, not you. You could at least be there for me. Is that so much to ask? Is that so difficult for you, Mr Important, Mr Venture Capitalist, Mr so fucking he can’t face what’s happening? She was so furious she wanted to hit him, but he pulled the shower curtain away from her, and turned to continue his shower.’(114)

The quotation above shows that Alex feels very angry with her husband. She is suffering with her disease, but there is no words out of his mouth. Alex wants her husband attention and love.

‘Why didn’t kill her? would that solve the problem too? What kind of barbarian medicine do you people practice? Sam was livid and shouting’. (128)

Furthermore, Alex’s husband cannot accept what was decided by the doctors. For him removing the breast is not a good solution to cure the disease. He considers it as an unreasonable treatment. He thought that it will look disgusting for Alex if she had only one breast. He does not know that the tumor in Alex’s breast can spread to the other breast and the other part of body.

‘We hope that we got all of hers, that is was contained, that it has not infiltrated, and that her nodes are not too excessively involved. We hope that, for her, radical surgery was the answer, and chemotherapy will be the additional guarantee she needs. But only time will tell us if we’ve been truly successful. You’re both going to die then, Sam decided as he listened. They were going to butcher her piece, cut off one breast, then the other, scoop her insides out, and boil her guts with the poisons in the chemo, and then she’d die away. he was going to lose her.’ (130)

From the quotation above, it can be seen that the doctor hopes radical surgery for removing Alex’s breast is going to be the beginning of Alex’s recovery and chemotherapy will be the end of Alex’s disease. But, Alex’s
husband still cannot understand about the situation. Therefore, Sam chooses to stay away from Alex and tries to live without her. Alex gets the negative effect because of her husband attitude which turns into a selfishness. Alex feels that the most important person in her life, left her without remembering the sacred promise that they have made in the day god unite them.

‘she had no right to do that to him, to expect him to die with her.’ (144)
The quotation above shows that Sam is leaving because he does not want to die with Alex. For Sam, he still has the future awaits him with another woman.

‘has anyone ever told you that you’ar outrageous ? and bautiful ...... and sensual ...... and have skin like velvet .... ‘
‘Completely.’ She smiled dazzilingly at him.’ Actually, I pride myself on it.’ (169)

Sam is interested in another woman because of her physical appearance. The beauty of other women can distract everything about Alex from his mind. He starts to show his courage in praising another women because of their attractive body.

‘I like you too, Daphne. You’re a terrific girl. You almost make me wish I were single.’ (171)

It shows from the quotation above that Sam is no longer fall in love with Alex. He is now forgetting her. He loves another woman named Daphne who is already fill her heart.

‘The leggings she wore didn’t make any easier for him. It was like holding her with no clothes on. He could feel every inch of her beneath his hands, and there was nothing that she tried to keep from him. Eventually, he freed her breasts from the shirt she wore, and the were so beautiful he almost cried. They were perfect and round with pink nipples that stood erect in his fingers, begging for him, and she asked for him as he played with her relentlessly and kissed her.(112)
The quotation above is showing about Sam’s cheating on Alex with another woman. Alex, who is struggling with her disease, gets another disease in her heart because of her husband cheating. Her husband is making love with another perfect woman. Sam also praise the beauty of other woman’s breast. He does not remember that his wife is sick and need his attention.

‘In six weeks he had negated everything they’d ever shared, denied anything they’d ever felt, and destroyed all the hope and respect they had built in seventeen years together. And promise of for better or worse, in sickness and in health’ had been completely forgotten’. (231)

Therefore it can be conclude that Alex is already know that her husband is no longer love her. Because of Alex’s physical disability, who has only one breast, that happen to her, Sam is cheating on her by having sex with another woman.

3.2.4. Self esteem in Alex Parker’s life

Self esteem need is the need of someone getting an appreciation from other people. In this novel, Alex’s self esteem is described when she is sufficiency for face the problem although her husband’s does not care with her condition. Alex slowly begin to accept the fact that her little family is about to go down.

‘Brock for her flushed the toilet, and put the lid down, and after a little while, he laid her down on the pillow and covered her with a blanket. (250)

‘All set he put her in the U.S. she waved and drove off, still amazed at all he’d done for her. She wondered how she would ever thank him. And by the time she go home to Annabelle, she felt like a dishrag. (252)

The quotation above shows that Alex has already started to receive help from other people, even if the help comes from a man. She is getting help from Brock, her office’s assistant. Alex feels very happy with Brock’s help. For her,
Brock is more concerned than her husband. Brock pays a lot of attention in Alex’s condition which is contrary to the attitude of her husband, Sam.

' Dr. Webber was very pleased with Alex's progress the following Monday. You're doing fine,’ she complimented her. her blood count was good. And they were able to do the treatment, preceded by intravenous dextrose and water, which was a little less traumatic for Alex, now that she knew what to expect from the treatment. 'this time she got just the US sick, but it didn't come the US is a big surprise to her.and brock continued to nurse her, and Liz to watch her like a guardial angel. ’ (258)

In the quotation above, it can be seen that Alex starts to rise from the problem that she had. She begins to show the recovery progress of her illness. Even though her husband left her alone, Alex is able to fight her illness on her own. She believes that she can survive from her illness. She also has two supporters who support her in facing her problems, they are Liz and Brock. Even if Liz and Brock are only her partner in work, they watch Alex just like she is their family member. The supports from them are enough to motivate Alex to get healthy again and cure from her cancer. Moreover, Alex does no longer care whether her husband concerns about her or not. She knows that her life is still long, she has Annabelle who needs love of a mother.

' you need good friends to help you through it,' he said warmly. 'I'm lucky to have you.' She smiled at him. And the night before thanksgiving, she gave him a hug and told him that she was thankful for his this year. They went downstairs together, and the odd for an instant, she felt sad when she left him. While she sat next to him throwing up she had come to rely on him and on being able to tell him her feelings. Suddenly and four day holiday without talking to him seemed very lonely. (260)
The quote above shows that Alex has already started to open her heart to another man. Alex is very happy and feel very lucky to have Brock on her side. Brock always helps Alex not only in her job but also in her personal problems. She feels close to him because Alex is afraid losing him, everytime he did not come to see Alex. It can be said that Alex is already moving on from her husband. She does no longer care of her husband, whether he is cheating with another girl or not, she is now happy with the presence of Brock in her life. Brock is slowly replacing Sam’s position in Alex’s heart.

' Anyway, we've agreed to go our separate ways, while living under one roof, which should be a challenge. ' (220)
' they took so much from her. It took so much energy just giving them what they needed, and fighting for her survival and dignity with Sam. It was uphill battle she just didn't have the strength for it. (286)

Alex had agreed to split up from her husband. Although it hurts, Alex is struggling to forget her husband. She is also fighting for her pride in front of her husband. She thought that without her husband she can continue her life, and without the support of her husband she still has many friends who can give her support.

' Nothing. Sleep, rest, work. My social life is not exactly overactive these days. I only have so much energy. I use it on Annabelle and my case '. (296)

From the quotation above, it can be seen that Alex is not thinking about her husband anymore. Her mind is now full of Annabelle, her daughter, and her job. There is no time to think about her husband who was useless. She just wants to live normal without any burden in her life.
'Why wait until the rest was taken from her? until Sam told her he wanted a divorce he could marry that girl, Annabelle and fell in love with her. Why wait for them to kill? or leave her all alone ' (302)
'Not for Annabelle not for Sam and not for him, or anyone, she had to fight. For herself for what she had been, and could be, and always would be. She could lost a breast and her hair, but she couldn't lose herself. Sam couldn't take away from her. (307)

From the quotation above, it can be seen that Alex rises from the miserable condition that strikes her. She realizes that one day she will be disappointed if she keeps thinking about her miserable life and her husband cheating. She wants to go forward to continue her life before everything becomes too late. Alex does not fight because of her daughter or her husband, but for her own self, fight for something she had had before. This is a form of positive fight back which shown by Alex to rise up from her problem.

3.2.5 Self Actualization needs in Alex Parker’s life.

Self actualization refers to the desire for self fulfillment. It is the tendency for human to become actualized in his potential. This tendency might be phrased as the desire to become more or to become everything that he is capable of becoming.

In the novel Lightning, Alex showed that she can continue her life better although her husband is not there with her. It can be seen when there was a man who loves her sincerely. A man who can accept her condition either in happy or sad moment. Also, when she can be cured from her cancer.

'I love you just the way you are. You were right. ' He held her close to him again, feeling her warmth next to him. I love you just like this, he said, blewed over by her, even more than he had been. The trust between them was immesurable and something very special ' (326)
'He kissed her breast, and then he scar, and then let his tongue travel slowly south s she arched beneath his touch, and he pressed himself
against her. ' Brock ... Oh ... oh brock .... she couldn't believe what was happening. ' (327).

In the quotation above, Alex shows that she can also do the things that her husband had done to her. such as she is able to find a guy who lover her just the way she is get a new boyfriend who loves her very much. Brock, her new boyfriend accepts Alex just the way she is. He does not feel disgust with Alex’s physical condition who only has one breast. However, the coming of Brock in her life makes the image of Sam disappear.

' Even Sam noticed that she was different these days. She seemed happier and more lighthearted, and the rare times they met at breakfast, she joked with him a little bit and didn't seem quite us angry. ' (336)

The quotation above shown that Alex’s husband felt that there is a change in Alex. He used to see Alex as a weak woman because of her illness. But now, Alex is more cheerfull and energetic. She does not look sad anymore.

' Alex had already said she wanted nothing from him, except support for Annabelle. She was being very fair and she had her law practice. She didn't want money from Sam. What she had wanted from him he didn't have to give her'. (340)

In the quotation above, Alex does not want anything from her husband, she just want a support for their child, Annabelle. For Alex, Annabelle still needs a support from her father. She does not need money from her husband because her job as a lawyer is already promising. Alex needs a man who is loyal to her and loves her in any condition. But unfortunately, those are not described in Sam’s personality. It is shown that without Sam, Alex can stand on her own and face the world. She does not want to bother her husband cause she knows she can do it by herself.
' she had the final chest x-ray, a blood count, and a mammogram. She was clean. She had survived six months of wretched chemotherapy, and he had helped her to do it. she said good bye to Dr. Webber and made appointment for a follow-up visit in six felt liberated us she felt the doctor office. ' (334)

Alex has been cured of her illness in six months. Those months were the most difficult stage in her life, she had chemotherapy to cure her cancer. However, all of her pain was already paid off. She is cured from her cancer.

'So when are we getting married, Mr. Parke?. She smiled hesitantly at him. She was very much in love with him, but she had never allowed woman reports herself to think about the future, for a variety of reasons. ' (361)

From the quotation above, Alex has plan to marry with Brock. She has forget her husband and she chooses to live with Brock who can take it in any condition and accompany her through her difficult times.

'It was only the next morning, as she had Brock rode into town on the train, that gave Alex a start and stared at the front page of the papers. There were photographs of Sam's os and Lary and Tom. they were being indicated by the grand jury for fraudulent investment and very impressive variety of charges, including ambezzement. (371)

'You're a litigator. At least you can advice me about what I should do now. Can The to you? Can I come too see you Alex? Please? (372)

'He had done enough to her for one lifetime, but in spite of everything Alex still felt  loyalties to him, if only because for her daughter. ' (378)

The quotation above shows that Alex’s husband is getting a criminal cases of embezzlement of money. The news is already spread in newspaper. Here, Alex’s husband is begging for Alex help, although he knows that he has already hurt her, but he did not shy to ask for help. Then, Alex decides to help him, but she does not do it because she is still fall in love with her husband, she do it because of her loyalties as a lawyer and for the sake of her daughter too.
'She could be there for him, to the point, she could help him with Annabelle and sympathize with what he was going through, but she couldn't give him more than that. That part of her life was Brock's now. I still love you "he said softly and tore at her heart, as Annabelle skipped back into the room with her doll and her sweater". (410)

The quotation shows that Alex’s husband feels regret because he left Alex for other woman. He realizes, only Alex who still there to help when he is in a bad condition. But now it is too late for him to come back. Because Alex is no longer belong to Sam, she is now belong to Brock.

‘Don't make things harder than they have to be. I know this is a hard time for you, and I feel. Terrible, but Sam ... ... don't hurt all of us again now. If he toyed with her, it would only hurt her and Brock and Annabelle and even himself. Don't do that.' (412)

Alex does not want to go back to her husband. She does not want the problem that strikes her in the past is happen again. She is only said "Maybe this is difficult for you but this the best way for us.”

‘Neither did she, but she was suddenly furious at what he was doing. Suddenly, he wanted to confess all his sins, and bare his soul. at the eleventh hour, in spite of everything that he had done, he didn't want to lose her. What do you want from me Sam? She has asked him angrily. To make me admint I love you, so you can feel good about it.. when you leave? Let me go ... ... let us both be free, just as you said yesterday after the verdict. We both need that. Don't carry this with you to prison.’ (414)

The quotation above shows that Alex is doing the same thing just like her husband did to her. When Alex is hurt because of her illness, her husband does not want to stay beside her. Now, when her husband begs for her and said that he still loves her, Alex rejects him. She does not want to feel the prison. She does not want to get hurt anymore. Because she has Brock in her life now who loves her so much. She has also have Annabelle and job that need her.
In conclusion, Alex has shown to her husband that she can go through her problems without the help of her husband. Finally she is able to rise from her problems. The first is Alex gets a new lover who loves her in any condition, and the second is she can recover from her illness without the support of her husband and she makes her husband realizes his mistakes and regards that Alex is the best wife in his life.

Previously, the writer analyzes the factor that is triggering Alex's struggle is related to the theory of human needs stated by Maslow. Finally, through the analysis, hierarchy of human being's needs stated by Maslow affects Alex's struggle.