CHAPTER I

INTRODUCTION

Human life is interaction which related with various aspects. One of the aspects which determine is the need that exists in humans since birth, so it is almost impossible to live without human needs (Abraham 156). A man who is created by God has desire, since there is a desire so the need does exist. There are two kinds of human needs namely physical and non-physical needs. Thomas Aquinus, a European philosopher cited by Wattimena, argues that the human needs have two kinds of needs namely human physical needs and intellectual needs or non-physical needs (Aquinus quoted in Waitimena 32).

Physical need is the real need which is required by human any time, such as eating, drinking, clothes and many others. This indispensable human needs is to make a living. When physical needs have been met, then a man must meet the intellectual needs or non-physical needs. Non physical need is not the real needs that should be accountable, such as love, sense of safety, attention, and appreciated. If these two requirements are met then the humans are in prosperous but when one of these needs are not met then human will get troubles in their life (Teeuw 75).

Physical and non-physical needs are human needs which are related each other. If one of this need is not fulfilled, so human will be in trouble (Abraham 170). The author describes the main character in the novel has difficulty in
undergoing fulfilment. In the entire novel by Danielle Steel, the author suggests that human beings can experience a perfect life when both of physical and non-physical needs can be met. There are some women in the world who get subordination. They are threatened in a bad way. This threatment makes them fight their needs until self-actualization stage and they can be free from their suffering.

The process of self-actualization influences a person's psychology. When a human's basic needs are not met, then it would cause disruption of psychology. The failure of the fulfillment of basic needs has reciprocal relationships with the social situation. When social state supports the satisfy of self-actualization and in different ways, human being or people want to reach the top of life (Aquinus quoted in Waitimena 121).

As a pioneer of Humanistic Psychology, Abraham Maslow (qtd in Minderop 49) explains that human behavior is more determined by the tendency of individuals to achieve the goal of keeping the individual life is to get happiness and fulfilling. In order to achieve these goals, there is a motivation behind it. The motivation can be either positive or negative. Therefore this study will use humanistic as psychology theories to dissect the novel Lightning by Danielle Steel.

Danielle Steel is an American female writer. Her novel Lightning was published in 1995. In this study, the issue that the writer takes is about how Alex Parker struggles to pass her non-physical need. There are suffering breast cancer and her husband’s bratayal until she can reach self-actualization need, that is when Alex Parker has recovered from her disease and get a faithful guy. It discusses the
struggle of Alex Parker as the main character in the novel by using new criticism and hierarchy of need. Criticism is used for analyze about the characterization of main character. Hierarchy of need is used for analyzed about the struggle of the main character in the novel.

1.1 Statement of Problem

Based on the background of the study above, the problems of research will be formulated in two following questions:

1. How is the main personality described in Danielle Steel’s *Lightning*?
2. How does the main character fulfil her self-actualization in Danielle Steel’s *Lightning*?

1.2 Objectives of the Study

In the connection with the statement of problems above, the research aim to find out:

1. To describe Alex Parker in Danielle Steel’s *Lightning*.
2. To know the way Alex Parker character fulfils her self Actualization in Danielle Steel’s *Lightning*.

1.3 Significance of the Study

This study is expected to give valuable contribution theoretically and practically. Theoretically, it is hoped that this study can be helpful for readers in order to understand the content of the novel *Lightning*, and how the humanistic psychology theory is applied in this research. Alex Parker’s struggle can also give knowledge to the reader, especially for those who have an interest in studying and comprehending life through literature, and who crave self-actualization.
Practically, this study can be used as reference, especially for students of English Literature in Islamic State University of SunanAmpel Surabaya and other university who analyze this novel or other novel by using humanistic psychology and it can also for literary scholars or other. The reader will get information from the main character and the reader can learn from the main character to continue struggle face the problems appear in life, because it is a reality that must be faced but not regret.

1.4 Scope and Limitation

To get a focused discussion, the study will be limited to the novel written by Danielle Steel entitled Lightning. The study focuses on the main character in the novel. To answer the statement of problem above, Alex Parker character becomes the most important point to analyze. Therefore, the scope of this study is focusing on the novel in which Alex Parker’s self-actualization influences her psychological condition.

1.5 Method of Study

The writer discusses about how the research is conducted. There are four sub parts. Those are research design, source of data, technique of data collection, and data analysis.

1.5.1 Research Design

To answer the first and second statement of the problem above, the writer uses library research by using some books and other references like articles, journals, and websites relate to the subject that will be analyzed. This study uses
descriptive qualitative method, where the writer described and analyzed the study taken from library (book, internet, etc)

1.5.2. Source of Data

There are two sources of data, the primary data and the secondary data. In this research, the source of primary data is taken from the novel itself that is Lightning, written by Daniel Steel, published May 30th 2006 by Dell (first published 1989). Whereas, the secondary data is taken from books, articles, journals, and websites that relate with the novel and explanation about humanistic psychology.

1.5.3. Method of Collecting Data

Since the data becomes the most important part for conducting a research, so it must be collected effectively and completely. Method of data collection is one of the research methods part that will explain how the data are collected to support the research. In collecting data for the research which based on the qualitative research method, the steps of data collection are:

1.5.3.1. Preparing novel entitled Lightning as the main data

1.5.3.2. Collecting the data from Alex Parker’s personality and Alex Parker’s character fulfill her self-actualization in Danielle Steel’s Lightning by reading comprehensively and repeatedly to get valid data.

1.5.3.3. Selecting the reference that is related to novel that can support the research data

1.5.4. Procedure of Data Analysis
The data which has been collected which is using literary theory. In this research, the writer used descriptive analytical method there are the steps of procedure data analysis.

1.5.4.1 Analyze the character and characterization of Alex Parker.

1.5.4.2. Analyze Alex Parker's struggle based on the hierarchy of needs.

1.5.4.3 Make conclusion based on the result of the analysis.