1.1 Background of The Study

There are many perspectives to define literature. As Wellek and Warren (94) said that “literature is said to be creative, an art what an author has been produced”. It means literature is a product of author’s imagination that imitates the reality into the art of writing. Robert says that literature refers to compositions that tell a set of stories, dramatizes situations, expresses emotions, and analyze and advocate ideas (1). In addition, Pope emphasizes that literature has become narrowed in meaning to its current dominant sense or creative or imaginative writing of a specifically aesthetic kind (60). In brief, it can be said that literature is a reflection of life which is written in the form of creative of imaginative writing. The creative or imaginative writing in literature is literary work.

In general perspective, literary work is defined as a work of art which has a mind, imagination and emotion (Siswanto 67). It means that it is enable to be exploited as a thing that can affect the aspect of intellectual and emotional aspect of human. It can be finally stated that literary work can be identified as a work of literature that imagination, thought and emotion are expressed by author within literary work, and it functions as emotional and intellectual consumption. According to Eagleton, a literary work is a vehicle
for ideas, a reflection of social reality, and the incarnation of some transcendental truth: It is a material fact, whose function can be analyzed (2). Hereby, according to the form of literary work, literary work can be categorized into several kinds of work: Prose, Poetry and Drama (Wicaksono 16).

Novel is a part of prose. According to Abrams (190), the term novel is now applied into a great variety of writings that have in common only the attribute of being extended works of written fiction in prose. The term for the novel in most European languages is Romance, which is derived from the medieval term, the romance (191). Maitzen defines romance novel as “a fictitious narrative in prose or verse, the interest of which turns upon marvellous and uncommon incidents” (157). It means that romance novel can be defined as a fictive narration which describes a wonderful and uncommon evidence that we rarely find in our life. The romance novel has a characteristic that the conflict and the climax should be directly related to the core theme of developing a romantic relationship, although the novel can also consists of subplots that do not specifically relate to the main characters’ romantic love (Barbour 8). Therefore, a romance novel must have an emotionally satisfying and optimistic ending (Ramsdell 5).

The romance novel also has an intrinsic element which strengthens the narrative story in the romance novel. Theme is one of intrinsic elements in novel (Wicaksono 98). Barbour (8) says that theme is ubiquitous and variously treated as romantic love, such as a theme which describes courtly love and
passion between two people. Theme is performed and described in the form of
text in literary work, in which it addresses any number of topics, such as love,
the family, the effects of social pressure on the individual, the conflict
between good and evil, the initiation into adulthood, and the like (Tyson 41).

One of literary work which has an interesting and important theme is
The Choice by Nicholas Sparks. This novel is seen having an interesting story
which may lead to an interesting theme. Although the story cannot be
detached from romance, but the theme seems to be important to discuss. It can
be said that the novel The Choice has the aspect of psychology in which the
novel tells about the love relationship of man and woman. The love
relationship concerns with one’s feeling to another includes being concerned
to help, understand and respect the person loved (Honeycutt and Milliken
104). Feeling is concerned with psychology (Singh 1).

Nicholas Sparks’ novel The Choice seems to be a romance novel, this
story is correlated with psychology theory which describe about two people
find themselves developing a physical attraction for each other that did not
develop immediately, and indeed did not develop until they achieved a certain
level of love through Sternberg’s theory. As in the novel The Choice, depicts
someone who shows his loyalty to his wife when his wife gets a coma in
hospital.

Nicholas Sparks is one of the world’s most beloved storytellers. He
was born on December 31, 1965, in Omaha, Nebraska. All of his books have
been New York Times bestsellers, with over 97 million copies sold worldwide, in more than 50 languages, including over 65 million copies in the United States alone (http://nicholassparks.com). One of his famous works is *The Choice* that was published on September 24, 2007 by Grand Central Publishing. Travis is one of characters in a novel entitled *The Choice*.

Travis Parker is a 32-year old bachelor. All three of his best friends are married and have children. Whereas, he also has everything such as boat, motorcycle, good friends, a great job “Veterinary”, a cool dog, and a beautiful house in a small town in North Carolina with a gorgeous river view. He also likes some extreme sport adventures. He holds the vague conviction that a serious relationship with a woman would only cramp his style. Until Gabby Holland moves in next door, his convictions has changed.

*The Choice* was a love story. Travis and Gabby story was unpredictable story, because at the beginning of the story, Gabby became Travis's neighbor, Gabby disliked Travis when the first time they met, because Gabby’s assumption that Travis was bad man. But, step by step, they spent their time one weekend together with Travis’ friends in some places. Before meeting Gabby, Travis did not believe that woman was interesting person, that was the way, he did not want to make a family in his life, although his friends got married, He is the only one who did not get married yet. Until he met Gabby and everything had changed, that he fall in love with her when he saw Gabby nursed her dog and the way Gabby socialized together with Travis’s...
Friends and Travis’s Sister. By the previous personal characteristics of Gabby, Travis is interested to approach her and get her to marry with him.

They have married on Cumberland Island and have two children, but in the middle journey of their life Gabby got an accident, her brain got collision. From that incident Gabby is nursed in hospital and the doctor told to Travis that Gabby did not wake up for a while and make Travis so sad. Then in this case Travis takes a decision which correlated his relationship to Gabby to show his loyalty, he treats her until she is healthy.

The researcher is interested in raising loyalty as topic in this thesis because even though he is rich, young and handsome, he is not in chine to go to another woman when she has an accident and is in coma. He is still loyal to her and treats her to her health. Accordingly, the researcher uses Sternberg’s theory which has kinds of love that Travis has.

It is due to the reason that loyalty or being loyal is very important in love relationships (Leonard 5). On the other hand, loyalty in the personal realm, which comes out of love, devotion, dedication and commitment to the well-being of another, is human’s behavior. Yet, people are not aware of all the aspects of loyalty within a relationship, that their love cannot reach the level of loyalty (http://www.relationshipmatters.com/loyalty-in-relationship-most-important-of-all/. May 21, 2016). Thus, love needs a loyalty to show how much we love our mate, but sometimes people deny and do not show their own loyalty to their mates.
In general, loyalty is a social emotion, both in its expression and formation (Connor 120). It appears as a guide of life, but as a revelation of our relation to a realm which we have been obliged to define as one of an eternal and all-embracing unity of spiritual life (Royce 165). Royce mentions that “loyalty is the will to manifest, so far as is possible, the eternal, that is, the conscious and superhuman unity of life, in the form of the acts of an individual Self” (166).

Loyalty also exists in love. In love, loyalty is known as an integrity-enabling capacity responsive to a limited range of stress factors bearing on the trust relation between lover and beloved (Harris 12). Such a story of Romeo and Juliet that they remain loyal to themselves and to each other and to events of both within and out of their control which leads to their deaths. Thus, it reminds us about the relation between loyalty and love. In fact, love is an infinite container for all the wishes, fantasies, needs, and impulse (Austin 1). Loyalty and love are tied one another.

1.2 Problem of The Study

There are some problems from previous background above, the problems in this research are describe in the following:

a. How is Travis characterization in *The Choice* by Nicholas Sparks?
b. What loyalties that Travis shows in *The Choice* by Nicholas Sparks?
1.3 Objective of The Study

Reconsidering the statement of problems above, this research has objective of finding out:

a. To understand Travis’ characterization in the novel *The Choice* by Nicholas Sparks.

b. To know kind of loyalties as performed by Travis in the novel *The Choice* by Nicholas Sparks

1.4 Scope and Limitation of The Study

This research will focus on Travis character in Nicholas Sparks’ *The Choice* as the scope of the study. Therefore, the limitation of the study will the way Travis to be loyalty man to his wife and his children by observing his background, loyal friend, veterinarian, intellectuality, and some aspects that made Travis to be loyal man in his life, due to the influenced by his wife.

1.5 Significance of The Study

For the researcher, the significance of this research is to improve knowledge in understanding and applying Psychology theory deeply from Robert Sternberg’s A triangular theory of love and to increase the capacity in interpreting the character of human, especially the main character in *The Choice* novel by using Psychology theory. Theoretically, this research will teach us about consummate love in a relationship through the literary works. As human being we realize that in our daily life in a relationship we will get a
problem which makes us difficult to take a choice. While reading a literary work whether it is poem, play, or novel human will understand what the story tells about. It is also presented in the novel *The Choice* that presents a consummate love in human life through the story.

Practically, by reading this novel the researcher wants to show to the readers that this novel will become one of literary works that presents a strong commitment in a family. Through this study, the researcher hopes that the readers understand more about strong commitment after marrying in order to be a loyal man to his wife and his children in a family as reflected on the main character in the novel *The Choice*, and the researcher hopes that it will motivate the readers to do right things in making a decision in a family, although we are difficult to practice it in a real life. In addition, the researcher hopes that the result of this study will give a contribution as a provision of literary study to the students of State Islamic University of Sunan Ampel Surabaya, especially those who are interested in discussing consummate love as one of psychological studies.

1.6 Method of The Study

1.6.1 Research Design

A research method is an important point in analyzing an object. A research methodology is scientifically a way to get data for definite purpose and definite significance. Sugiyono (2) argues that, there are several key concepts that should be noticed in research methodology
understanding, as they are empirical procedure, data, purpose, and significance. As this research made, it is necessary to apply for descriptive analytic based on library research.

As this research made, it is necessary to apply for descriptive method which stands under a leading discourse of qualitative research method. The first important point of qualitative research is a research which uses a description through utterances, and it does not necessary to use a counting (Endraswara 85). By the concern of qualitative research, the descriptive method is established. Basically, the descriptive method is defined as a way of researching by considering data as a text (Raco 60). Hence, the data of descriptive method are usually collected through a questionnaire survey, interviews, and observations (Jane 74). Thus, by relying on the argument of Jane, the researcher emphasizes the data of this research by using an observation to the object analysed and other supporting books as supporting sources.

1.6.2 Data

Because the research uses of descriptive analytic method based library research, the data would be closely related to the library data source including book, documentation, journal, etc. It is important to divide the data into two patterns as follows:
a. Primary Data

The primary data in this research is taken from the novel of Nicholas Sparks entitled *The Choice*.

b. Secondary Data

The secondary data in this research would be books, journals, and other scripts which describe the focuses in this research.

1.6.3 Technique of Data Collection

The research would like to give several steps in collecting the data in the search. Firstly, reading and understand the plot in the novel of *The Choice*. Secondly, the research collects the data based on the problem of study. This research would like to focus on the way a person become loyalty man to his wife through the character of Travis in the novel.

1.6.4 Technique of Data Analysis

The research will collect and analyze the data by using literary theory. There are some steps in analyzing data. Firstly, Selecting and collecting data in form of narration and conversation from the novel related to the problem. Secondly, the research analyzes the data collected related to the statement of problems and the applied theories in this research. The third, the research will draw conclusion related to the data analysis in this research.
1.7 Definition of Related Key Terms

In this phase, the researcher would like to cede several clues which will help readers to understand the topic and problem discussed in this thesis. The clues are formulated in the form of key term in which it would be defined clearly in order to be a useful point in reading the thesis. Therefore, those related key terms would be in the following below.

a. **Love:** Our most basic emotional need is not to fall in love but to be genuinely loved by another, to know a love that grows out of reason and choice, not instinct (Chapman 31).

b. **Loyalty:** Loyalty is a supreme act of love (Kim 2011).