BAB V

CONCLUSION

This research study is about the effectiveness of Brain Gym method to improve the English achievement. This chapter is intended to elaborate the conclusion and suggestion. It includes the explanation of the effectiveness of Brain gym method in improving English achievement.

A. Conclusion

Based on the result of data analysis, it can be concluded that the result of Brain Gym method is effective to improve the English achievement. The statistical computation Wilcoxon Matched Pairs was used to analyze the data.

Z was -5.180. Asymp. Sig. (2-tailed) was 0.000. Because Asymp. Sig. lower than 0.05. Thus, the null hypothesis is rejected. There is significant difference of post test score between control group and experiment group. After having completed several treatments, the experimental group was improved. Therefore, the researcher concluded that Brain Gym method is more effective than traditional method.
B. Suggestion

Some suggestion for teaching and learning English are for other researcher who want to accomplish further research, it would be better to conduct the longitudinal research, to different subject and location. In order to strength the previous findings. Furthermore, for the teachers who use the strategy in the classroom, they should monitor the students when they practice Brain Gym method in order to encourage the students to be more successful in English achievement.